

The Senior Forum

Mastering the fine art of senior life.

Considering a 90-Day Stay to Try Out the Lifestyle

As winter approaches, the idea of moving to a retirement community can be appealing—especially when facing the challenges that come with colder weather. Many retirement communities offer short-term, trial stays, such as 90-day options, which give potential residents a chance to experience the lifestyle before making a long-term commitment. Here's a look at the top benefits of relocating to a retirement community before the winter season arrives, along with why a temporary stay can be a perfect way to test the waters.

Avoid Winter Maintenance and Home Upkeep

Winter can mean a long list of chores and maintenance tasks, from shoveling snow to dealing with heating issues. Moving to a retirement community eliminates the need for these responsibilities, as most com-

munities handle all seasonal upkeep. Residents can enjoy a maintenance-free lifestyle, allowing them to focus on relaxing and participating in activities rather than worrying about weather-related chores. A 90-day stay over the winter months provides a firsthand experience of what it's like to be free from the hassle of home upkeep in cold weather.

Stay Safe and Secure in a Supportive Environment

Winter brings icy sidewalks, increased risk of falls, and potential challenges in getting out for errands. Retirement communities offer a safe, accessible environment designed with mobility in mind, reducing the likelihood of slips and falls. Many communities also offer on-site healthcare options and security services, providing peace of mind that help is always nearby if needed. A temporary stay during

winter will allow prospective residents to see the level of care and safety measures available.

Stay Social and Connected

Isolation can become more common during winter, especially if driving becomes hazardous or if health issues limit mobility. In a retirement community, a lively social calendar awaits, with holiday gatherings, game nights, book clubs, fitness classes, and more. During a 90-day stay, prospective residents can sample these activities, make connections, and determine if the community is a good social fit.

Access to On-Site Amenities and Health Services

Many retirement communities offer a range of amenities that are especially valuable during winter, such as gyms, chapel, transportation services, on-site dining and housekeeping op-

tions. During a temporary stay, residents can explore these amenities and services firsthand, getting a better understanding of the full range of options available.

Gain a Sense of the Community's Atmosphere

Trying out a retirement community for 90 days allows prospective residents to get to know the staff, the daily routines, and the general atmosphere. They can gauge whether it feels comfortable and inviting. By spending winter in the community, they can also see how holiday festivities are celebrated, how warmly residents interact, and what special events are planned.

No Long-Term Commitment Required. Finally, a temporary stay offers the flexibility to explore the community without making a long-term commitment. It gives potential

residents the freedom to try the lifestyle before making a decision about permanently relocating. This low-risk option provides reassurance and confidence in deciding whether the community is the right place to settle.

Moving to a Grace Village retirement community before winter offers a wealth of benefits, from avoiding wintertime hassles to staying socially engaged and safe. Opting for a 90-day trial stay is an ideal way to experience the lifestyle, see how it feels to spend time in a warm and supportive environment, and determine if a retirement community is the right choice for the long term. Grace Village has 90-Day Stay apartments available now. Take a tour and see what it has to offer. **Call 574-372-6547 to set an appointment.**



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Grace Village Retirement Community has available apartments! Call 574-372-6547 to learn more.